

Emergency Prep Newsletter - Draper Utah Suncrest Stake

December 2023

We Love It When a Family Emergency Plan Comes Together!

The majority of Americans are not prepared for emergencies. Planning, preparing and practicing will help your family better survive a disaster. A disaster could be: losing a job, family illness, flooding, snow storm, fire or earthquake.

- How are you going to communicate with your family during or after a natural disaster? What's your plan?
- Does your family have an Emergency Plan? Does it need to be updated?

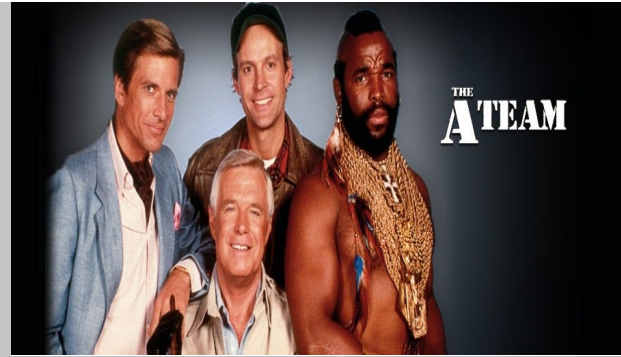
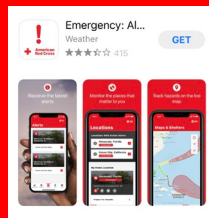
Here are some simple ideas to help your family start a **Family Emergency Plan**:

1. **Plan** for the types of disasters that can happen in life. What if you lose a job, have a family illness, or experience a wildfire, flooding or earthquakes.
 - a. Where is your family "Meeting Spot"?
 - b. What is the communication plan when the disaster hits?
 - c. What is your plan to save \$ if you're ever unemployed?
 - d. Do you need additional schooling/training to advance your career?
2. **Create** your own personalized disaster supply list and there may be additional items you need based on your personal situation. For example, if you have infants you may need diapers, bottles and formula. Don't forget to have supplies in your car and at work.
3. **Budget** emergency preparedness items as a "normal" expense. Even \$20.00 a month can go a long way to helping you be ready. Buy one preparedness item each time you go to the grocery store.
4. **Think Ahead**. You are more likely to save money if you can take your time with focused and strategic shopping. It's when everyone is at the store right before a storm hits that prices are going to be higher. Use a list to avoid duplicating items when you are stressed or panicked.
5. **Review** your insurance policy annually and make necessary changes. When a disaster strikes, you want to know that your coverage will help you get back on your feet. Renters need policies too, in order to cover personal property.
6. **Update** contact records. Have an accurate phone list of emergency contact numbers. If you are prepared, you may be able to help friends and neighbors who need assistance. By sharing preparedness supplies, you can help each other.

Emergency App of the MONTH

Do you have family members outside Utah?

Here is a great App to help monitor your loved ones if they encounter emergencies or natural disasters – Download Today!



Stake Emergency Prep Calendar

Monthly Focus

Dec 2023 – **Family Emergency Plan**

Jan 2024 – **72 Hour Emergency Kit**

Feb 2024 – **DURING the Disaster**

Mar 2024 – **Sanitation**

Apr 2024 – **Block Captains**

May 2024 – **Get Trained**

June 2024 – **Wildfire Prep**

July 2024 – **Earthquake Prep**

Aug 2024 – **Food Storage Part 2**

Sept 2024 – **Water Storage**

Oct 2024 - **Communications**

Nov 2024 – **Food Storage Part 1**

Stake Presidency Message

Our Stake is moving forward in being more prepared for natural disasters – focusing on the communications with our members and community. We urge you to prepare your family and neighbors to have a communications plan.

Stake Emergency Preparedness Committee

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Helpful Websites - Emergency Prep

www.readyUtah.gov

[Suncrest Emergency Communications Facebook](#)

www.fema.gov (Federal Emergency Management Agency)

www.dem.utah.gov (Utah Division of Emergency Management)

www.emergency.cdc.gov (Center of Disease Control and Prevention)