

Emergency Prep Newsletter - Draper Utah Suncrest Stake

Aug 2023

Aug: Earthquake Prep

The best time to prepare for any disaster is before it happens – especially an Earthquake in Salt Lake City Utah.

Here are some simple tips and information to help you be better prepared for an Earthquake.

1. Practice Drop, Cover, and Hold On with your family



2. **Make an Emergency Plan:** Create a family emergency communications plan that has an out-of-state contact. Plan where to meet if you get separated. Make a supply kit that includes enough food and water for several days, a flashlight, a fire extinguisher and a whistle. Include non-perishable foods, cleaning supplies, and water for several days, in case services are cut off in your area. If you are able to, set aside items like soap, hand sanitizer that contains at least 60% alcohol, disinfecting wipes, and general household cleaning supplies that you can use to disinfect surfaces you touch regularly. After an earthquake, you may not have access to these supplies for days or even weeks.
3. **Protect Your Home:** Secure heavy items in your home like bookcases, refrigerators, water heater, televisions and objects that hang on walls. Store heavy and breakable objects on low shelves. Consider making improvements to your building to fix structural issues that could cause your building to collapse during an earthquake. Consider obtaining an earthquake insurance policy. A standard homeowner's insurance policy does not cover earthquake damage.
4. **Suncrest Stake FRS radio channel assignments:**
 - a. SunCrest 1st: **Channel 9**
 - b. SunCrest 2nd: **Channel 10**
 - c. SunCrest 3rd: **Channel 11**
 - d. EagleCrest 1st: **Channel 12**
 - e. EagleCrest 2nd: **Channel 13**
 - f. EagleCrest 3rd: **Channel 8**
 - g. EagleCrest 4th: **Channel 16**
 - h. SunCrest Command Post: **Channel 14**



Stake Emergency Prep Calendar

Monthly Focus

Aug 3rd @ 7PM – **"Make Up Class - HAM Radio Licensing Course"**

Sept 2023 – **Water Storage**

Oct 2023 – **Communications**

Nov 2023 – **Food Storage I**

Dec 2023 – **Family Emergency Plan**

Jan 2024 – **72 Hour Kit**

Feb 2024 – **During the Disaster**

Mar 2024 – **Sanitation**

Apr 2024 – **Block Captions**

May 2024 – **Get Trained**

June 2024 – **Wildfire Prep**

July 2024 – **Earthquake Prep**

Stake Presidency Message:

Our Stake is moving forward in being more prepared for natural disasters – focusing on communicating with our members and community. We urge you to prepare your family and neighbors to have a communications plan.

Stake Emergency Preparedness Committee

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Helpful Websites - Emergency Prep

www.shakeout.org/utah

www.ready.gov/earthquakes

www.redcross.org (American Red Cross)

www.fema.gov (Federal Emergency Management Agency)

www.dem.utah.gov (Utah Division of Emergency Management)

www.emergency.cdc.gov (Center of Disease Control and Prevention)