

Emergency Prep Newsletter - Draper Utah Suncrest Stake

November 2022

November: Food Storage Part 2

How long could your family survive with the current food you have in your home when disaster hits??

We wanted to provide you EASY ways to access and gradually build your Family Food Storage. **It is as EASY as 1-2-3!!**

1. We have a Home Storage Center just 27min away in Lindon, UT. **Order and pick-up** your food there: (see email for attached: *LHSC Order Form*)

UT—Lindon	
Address	Phone
940 W Center St Lindon, UT 84042	801-785-0997
Schedule	
Monday & Wednesday	10:00 a.m.–2:00 p.m.
Tuesday & Thursday	10:00 a.m.–6:00 p.m.
Saturday	9:00 a.m.–1:00 p.m.

2. **Simple Online Ordering** - Home Storage Centers help Church members and others build a basic supply of food for their longer-term home storage needs. Several prepackaged items are also available through the [Online Store](#)
3. Here are some suggested items to have a **well-rounded food storage**:

Canned Beans	Canned Tomatoes	Dried Pasta
Rice	Nut Butter	Canned Soup
Canned Tuna and Salmon	Oats	Canned and Dried Meats
Canned and Dried Vegetables	Canned and Dried Fruits	Crackers
Shelf-Stable Milk	Nuts	Honey
Olive Oil	Flour	Potato Flakes
Cornmeal, Baking Soda, Baking Powder, Condiments, and Spices		

Helpful Link to Food Storage information and details:

<https://providentliving.churchofjesuschrist.org/self-reliance/home-storage-centers?lang=eng>

ACTIVITY TIP of the MONTH

Go to a cannery and pack your own food (see email for attached: *Canneries and Processing Plants*)



Stake Emergency Prep Calendar

Monthly Focus

- Dec 2021 – Family Emergency Plan
- Jan 2022 – Earthquake Prep
- Feb 2022 – Wildfire Prep
- March 2022 – During the Disaster
- April 2022 – Water Storage
- May 2022 – After the Disaster
- June 2022 – Sanitation
- July 2022 – Food Storage I
- Aug 2022 – 72 Hour Emergency Kit
- Sept 2022 – Get Trained
- Oct 2022 – Communications

Stake Presidency Message:

We feel strongly that everyone in our Suncrest community needs to be prepared for emergencies. Please make simple and small preparations in protecting your family against natural disasters – especially earthquakes and wildfires.

Stake Emergency Preparedness Committee

- Eliof Cheung: eliof@cheungmail.org
- Eric Hansen: ehansen9@gmail.com
- Ben Buck: buck.ben728@gmail.com

Helpful Websites - Emergency Prep

[Be Ready Utah](#)
[FEMA.gov](#)
[DPS – Emergency Management | Emergency Management \(utah.gov\)](#)
[Emergency Preparedness and Response | CDC](#)
[SunCrest Emergency Communications | Facebook](#)