

Emergency Prep Newsletter - Draper Utah Suncrest Stake

December 2021

Love It When a Family Emergency Plan Comes Together!

The majority of Americans are not prepared! Pre-planning will help you your family better survive a disaster. A disaster could be: losing a job, family illness, fire or earthquake.

How are you going to communicate when we have a Wildfire or Earthquake?
Does your family have an Emergency Plan? Does it need to be updated?

Here are some simple ideas to help your family start a **Family Emergency Plan**:

1. **Plan** for the types of disasters that can happen in life. What if you lose a job, have a family illness, or experience a wildfire, tornadoes or earthquakes.
 - a. Where is your family "Meeting Spot"?
 - b. What is the communication plan if a disaster hits?
 - c. What is your plan to save \$ if you are ever unemployed?
 - d. Do you need additional schooling/training to advance your career?
2. **Create** your own personalized disaster supply list and there may be additional items you need based on your personal situation. For example, if you have infants you may need diapers, bottles and formula. Don't forget to have supplies in your car and at work.
3. **Budget** emergency preparedness items as a "normal" expense. Even \$20.00 a month can go a long way to helping you be ready. Buy one preparedness item each time you go to the grocery store.
4. **Think Ahead**. You are more likely to save money if you can take your time with focused and strategic shopping. It's when everyone is at the store right before a storm hits that prices are going to be higher. Use a list to avoid duplicating items when you are stressed or panicked.
5. **Review** your insurance policy annually and make necessary changes. When a disaster strikes, you want to know that your coverage will help you get back on your feet. Renters need policies too, in order to cover personal property.
6. **Update** contact records. Have an accurate phone list of emergency contact numbers. If you are prepared, you may be able to help friends and neighbors who need assistance. By sharing preparedness supplies, you can help each other.

Family Preparedness Series, BeReadyUtah.gov

ACTIVITY TIP of the MONTH

Do a "dress rehearsal"! An earthquake has hit Suncrest - run a pretend drill with your family or even your neighbors. Make it educational, memorable and fun!



Stake Emergency Prep Calendar

Monthly Focus

Jan 2022 – Earthquake Prep

Jan 27th @ 7pm – **Emergency Prep Workshop "Fire & Earthquake Prep 101"**

Feb 2022 – Wildfire Prep

March 2022 – During the Disaster

April 2022 – Water Storage

May 2022 – After the Disaster

June 2022 – Sanitation

July 2022 – Food Storage Part 1

August 2022 – 72 Hour Emergency Kit

September 2022 – Get Trained

October 2022 – Communications

Nov 2022 – Food Storage Part 2

Dec 2022 – Family Emergency Plan

Stake Presidency Message

We feel strongly that everyone in Suncrest community needs to prepare for emergencies. Please make simple preparations in protecting your family against natural disasters – especially earthquakes and wildfires.

Stake Emergency Preparedness Committee

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Helpful Websites - Emergency Prep

www.readyUtah.gov

[Suncrest Emergency Communications Facebook](#)

www.fema.gov (Federal Emergency Management Agency)

www.dem.utah.gov (Utah Division of Emergency Management)

www.emergency.cdc.gov (Center of Disease Control and Prevention)