

Emergency Prep Newsletter - Draper Utah Suncrest Stake

April 2021

April: Earthquake Prep

The best time to prepare for any disaster is before it happens – especially an Earthquake in Salt Lake City Utah.

Here are some simple tips and information to help you be better prepared for an Earthquake. We strongly recommend participating in the **Utah ShakeOut day drill on April 15th** – see #5 below for details.

1. **Practice Drop, Cover, and Hold On** with your family



2. **Make an Emergency Plan:** Create a family emergency communications plan that has an out-of-state contact. Plan where to meet if you get separated. Make a supply kit that includes enough food and water for several days, a flashlight, a fire extinguisher and a whistle.
 - o Include non-perishable foods, cleaning supplies, and water for several days, in case services are cut off in your area. If you are able to, set aside items like soap, hand sanitizer that contains at least 60 percent alcohol, disinfecting wipes, and general household cleaning supplies that you can use to disinfect surfaces you touch regularly. After an earthquake, you may not have access to these supplies for days or even weeks.
3. **Protect Your Home:** Secure heavy items in your home like bookcases, refrigerators, water heater, televisions and objects that hang on walls. Store heavy and breakable objects on low shelves. Consider making improvements to your building to fix structural issues that could cause your building to collapse during an earthquake. Consider obtaining an earthquake insurance policy. A standard homeowner's insurance policy does not cover earthquake damage.
4. **Suncrest Stake FRS radio channel assignments:**
 - o SunCrest 1st : Channel 9
 - o SunCrest 2nd : Channel 10
 - o SunCrest 3rd : Channel 11
 - o EagleCrest 1st : Channel 12
 - o EagleCrest 2nd : Channel 13
 - o EagleCrest 3rd : Channel 8
 - o SunCrest Command Post: Channel 14
5. The **2021 Utah ShakeOut Day drill is on April 15.** Register now to participate on www.shakeout.org/utah



Stake Emergency Prep Calendar

Monthly Focus

April 2021 – Earthquake Prep

May 2021 – Food Storage II

June 2021 – Fire Prep

July 2021 – After the Disaster

August 2021 – Water Storage

September 2021 – Get Trained

October 2021 – Emergency Prep Fair

Nov 2021 – Food Storage I

Dec 2021 – Family Emergency Plan

Jan 2021 – 72 Hour Emergency Kit

Feb 2021 – Communications

March 2021 – Sanitation

Stake Emergency Preparedness Committee

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Helpful Websites - Emergency Prep

www.shakeout.org/utah

www.ready.gov/earthquakes

www.redcross.org (American Red Cross)

www.fema.gov (Federal Emergency Management Agency)

www.dem.utah.gov (Utah Division of Emergency Management)

www.emergency.cdc.gov (Center of Disease Control and Prevention)